

Meditation Leads to Maturation Philippians 4:8-9

Introduction

Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind **dwel**/ **mediate on** these things.

⁹ The things you have learned and received and heard and seen in me, **practice/do** these things; and the God of peace shall be with you. (Philippians 4:8-9 NAS)

NB There are 2 imperatives in :8-9

1. :8 Let you mind **dwel** on these things logizomai (think, consider 2 Cor 10:11)
The imperative comes at the end of the sentence for emphasis
2. :9 **Practice** these things

NB There is a list tied to each imperative

We are to think and then do what Paul commands. Notice Attitude and Actions are involved. We are to have a Mindset concerning life and a Manner of life

- I. The Right Mental Attitude- Dwell :8
(The list is tied together with “whatever” and finalized with “If any virtue or praise”)
 - A. The Consideration
 1. Individually
True- (Implies accuracy)
Honorable- dignified serious I Tim 3:8,11 Titus 2:2
Right- righteous behavior
Pure (not tainted or mixed)I Peter 3:2, I John 3:3
Lovely (Prospilias) amiable, agreeable (Only here in NT)
Good repute (Euphaima) praiseworthy
 2. Corporately
If any virtue- excellence (2 Pt 1:5) or
thing worthy of praise (epainos)
 - B. The Command Consider, mindful, dwell
Consider- Dwell on these; (Present Middle Imperative- Mid Voice- I am involved)
How well do you control your mind?
What, where when, who gets you off target? WHY?
Emotional control and mental control. Romans 12:2, Psalm 119:9-12

- II. The Right Moral Actions DO :9
 - A. The Request/ Requirement
 - The things you have (Past tense)
 - Learned

 - Received

 - Heard

 - Seen

 - In me

(Paul is to be mimicked not mocked Philp1:15)

“Mimic” I Cor 4:16,11:1, Phil 3:17 I Thess. 1:6 II Thess. 3:9

DO them (Present Imperative) “Just do it!”

- B. The Reason/ Result
 - God of peace will be with you

Since God is with Christians and in us always, then this must be some special presence...or a special empowerment to live life to the fullest...
Could this be- the Out resurrection? 3:11
We have peace with God Rom 5:1
The special presence or power of God that brings peace to our lives-
See 4:2 Conflict- no peace

PAT: Personal Application Time

Do we control our thoughts or are we out of control?

Do we do what we are told to do in scripture?

Do we have people in our life that guide us by their lives?

Do we provide a good example for others to learn from and to follow after?